



Good Cleaning **And** Sanitation Practices

Course Objectives:

This course aims to give participants an introduction to basic knowledge of various influenza causing viruses and the spread of these diseases. The course will cover the use of various Personal Protective Equipment (PPE), tools, equipment and correct methods of cleaning and disinfecting surfaces and object effectively.

At the end of the course, the learners will be able to:

1. Understand various influenza causing viruses, including corona viruses
2. Know the difference between cleaning and sanitising
3. Use the correct tools, equipment and cleaning detergents
4. Use Personal Protective Equipment (PPE) correctly
5. Clean and sanitise effectively
6. Clean and disinfect areas exposed to confirmed cases of COVID-19 according to MOH guidelines

Who Should Attend?

- Anyone interested to acquire knowledge on how to clean and sanitise non-healthcare premises to prevent the spread of influenza causing viruses.
- Anyone who is involved in the running and management of a business outlet and are required to maintain the cleanliness and hygiene of these places

Mode of Delivery: Classroom training and skills demonstration with assessment.

Training Hours: 9 Hours

Course Fee: S\$150 per participant
(for a minimum class of 16 and maximum of 20 participants)

Training Venue: LTC Building A or On-site



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PEI Reg # 201530343D Validity 04/05/2019 – 03/05/2023

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